

UCSB PRE-HEALTH ADVISING & COUNSELING

Health Professions School Application & Admission Timeline

This is a general guide that might not be appropriate for all students. Consult a member of the pre-health team to devise an individualized schedule that works best for you. This timeline has been adapted for UCSB students and is based, in part, on the AAMC “Timeline for Application/Admission to Medical School”

(www.aamc.org/students/download/175214/data/timeline.pdf)

Pre-Health Team:

***Academic Planning & Course Scheduling**

1. Academic Advisors: Paula Bautista and Scott Kassner

Location: 1117 Cheadle Hall

For appointments, call (805) 893-2038 or schedule an appointment online.

Join the listserv! healthinfo@lsit.mail.ucsb.edu

For more information about pre-health: <http://www.duels.ucsb.edu/health>

2. Walk-in Advising Hours

Walk-ins are for 10 minutes only.

Tuesdays from 1:00 p.m. to 3:00 p.m.*

Wednesdays from 2:00 p.m. to 4:00 p.m.*

*Days and time are subject to change.

***Career Exploration, Admissions, Applications, Interviews, Internship & Volunteer Opportunities**

1. Counselor: Derek Musashe and Maddie Foster

Location: Career Services Building 599

For appointments, call (805) 893-4412

For more information about Career Services, check out the website <http://career.sa.ucsb.edu/>

OR visit the Career Resource Room (in Building 599) for resources and the Pre-health section

2. Counselor: Dr. Stephen Blain

Location: 1117 Cheadle Hall

Make appointments online: <http://www.duels.ucsb.edu/health>

College Year 1

- Successfully complete first-year required premedical coursework and other degree requirements: www.duels.ucsb.edu/health/med/schedule
- Explore website and programs: www.duels.ucsb.edu/health
- Explore the AAMC Aspiring Docs Web site: www.aamc.org/students/aspiring/
- Investigate and join campus pre-health student organizations
- Find community service and leadership opportunities
- Investigate paid/volunteer medically related experience and/or research
- Identify summer paid/volunteer medically related opportunities

Summer

- Complete summer paid/volunteer medically related experience and/or research
- Attend summer school, if desired or necessary

College Year 2

- Successfully complete second-year required premedical coursework and other degree requirements
- Meet with pre-health advisor and participate in pre-health activities
- Engage in community service and leadership opportunities
- Investigate and participate in volunteer/paid medically related clinical and/or research activities
- Identify summer paid/volunteer medically related opportunities

Summer

- Complete summer paid/volunteer medically related experience
- Participate in a summer health careers program, if available
- Attend summer school, if desired or necessary

College Year 3

- Successfully complete third-year required premedical coursework and other degree requirements
- Meet with pre-health advisor and participate in pre-health activities
- Engage in community service and leadership opportunities
- Continue participation in paid/volunteer medically related activities and/or research
- Investigate:
 - [Applying to Medical School: www.aamc.org/students/applying/](http://www.aamc.org/students/applying/)
 - Medical Schools: www.aamc.org/about/medicalschoools/
 - [Medical College Admission Test \(MCAT\): www.aamc.org/students/applying/mcat](http://www.aamc.org/students/applying/mcat)
 - [AAMC Fee Assistance Program: www.aamc.org/students/applying/fap/](http://www.aamc.org/students/applying/fap/)
 - [Minorities in Medicine: www.aamc.org/students/minorities/](http://www.aamc.org/students/minorities/)
 - [American Association of Colleges of Osteopathic Medicine: www.aacom.org/Pages/default.aspx](http://www.aacom.org/Pages/default.aspx)
 - American Association of College of Osteopathic Medicine Application Service (AACOMAS): www.aacom.org/Documents/AACOMASInstructions.pdf
 - [Texas Medical & Dental Schools Application Service: www.utsystem.edu/tmdsas/homepage.html](http://www.utsystem.edu/tmdsas/homepage.html)
 - [Ontario Medical Schools Application Service \(OMSAA\): www.ouac.on.ca/omsas/](http://www.ouac.on.ca/omsas/)
- Continue to and participate in volunteer/paid medically related clinical and/or research activities
- Register for desired MCAT administration; visit [MCAT](http://www.aamc.org/students/applying/mcat/) Web site (www.aamc.org/students/applying/mcat/) for available test dates
- Consider post-baccalaureate programs
- **Contact faculty, etc., about recommendation letters. Provide to them:**
 - **Résumé**
 - **Topics**
 - **Deadlines**
- **Prepare for MCAT (no gap years)**
- **Take spring MCAT (no later than May) (no gap years)**
- **Complete AMCAS, etc., application (submit in early June) (no gap years)**

Summer

- Complete summer paid/volunteer medically related experience and/or research
- Participate in a summer health careers program, if available
- **Prepare for MCAT if taking (gap years)**
- **Take desired MCAT administration (gap years) (September?)**
- Attend summer school, if desired or necessary
- **Work on secondary applications (no gap years)**

College Year 4

- Consult regularly with pre-health advisor regarding:
 - Status of application/admission process for schools to which you've applied
 - Continue review of medical education options
- Continue participation in paid/volunteer medically related activities
- Engage in community service and leadership opportunities
- Complete supplementary application materials for schools to which you've applied in (no gap year)
- Interview at medical schools (no gap year)
- Make interim and final decisions about medical school choice (no gap year)
- Immediately notify medical schools that you will not be attending (no gap year)
- Ensure that all IRS forms are submitted as early as possible (no gap year)
- Successfully complete elective science and non-science coursework and other degree requirements
- Complete any school specific requirements
- Contact faculty, etc., about recommendation letters: provide
 - Résumé
 - Topics
 - Deadlines
- Complete AMCAS, etc., application (gap year) (submit in early June)
- Graduate

Summer and/or Gap Years

- Consult regularly with pre-health advisor regarding status of application/admission process for schools to which you've applied
- Continue participation in paid/volunteer medically related activities
- Complete supplementary application materials for schools to which you've applied
- Interview at medical schools
- Continue review of medical education options
- Make interim and final decisions about medical school choice
- Immediately notify medical schools that you will not be attending
- Ensure that all IRS forms are submitted as early as possible
- Relax and prepare for medical school
- Attend orientation programs and matriculate in medical school